

Table II. Treatment options for onychomycosis.

	Name	FDA approved	Mechanism of Action	Pregnancy category
Topical	8% Ciclopirox olamine lacquer	Yes	Inhibits peroxidase degradation within fungi	B
	Amorolfine lacquer	No	Inhibits sterol synthesis and fungal growth	
	Efinaconazole 10% solution	Yes	Inhibits synthesis of ergosterol	C
	Tavaborole 5% solution	Yes	Inhibits aminoacyl transfer RNA synthetase	C
Systemic	Terbinafine	Yes	Inhibits squalene epoxidase	B
	Itraconazole	Yes	Inhibits synthesis of ergosterol	C
	Fluconazole	No	Inhibits synthesis of ergosterol	C
Surgery	Nail avulsion (chemical or mechanical)			
	Nail debridement (chemical or mechanical)			
	Permanent nail removal (matricectomy)			
Devices	Photodynamic therapy	No		
	Laser	No		
	Plasma	No		