

Table 3: Influenza antiviral therapy

| Drug | Dose | | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------|-------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| Oseltamivir (75 mg/capsule; 60 mg/5 mL suspension) | Children > 24 months | | | |
| | ≤ 15 kg | > 15 to 23 kg | > 23 to 40 kg | > 40 kg |
| | 60 mg/day div into 2 doses x 5 days | 90 mg/day div into 2 doses x 5 days | 120 mg/day div into 2 doses x 5 days | 150 mg/day div into 2 doses x 5 days |
| | Children ≤ 24 months | | | |
| Premature infants: 2 mg/kg/day div into 2 doses x 5 days 0 – 8 months: 6 mg/kg/day div into 2 doses x 5 days 9 – 23 months: 7 mg/kg/day div into 2 doses x 5 days | | | | |
| Zanamivir (5 mg per inhalation, using a Diskhaler) | 2 inhalations (10 mg total per dose), bid for 5 days (for children > 7 years and older and adults) x 5 days | | | |
| Amantadine (100 mg/tablet; 50 mg/5 mL suspension) | 1 – 9 years | | 9 – 12 years | |
| | 5 – 8 mg/kg/day div bid (maximum dose 150 mg/day) for 24 – 48 hours after the disappearance of signs and symptoms | | 200 mg/day div bid for 24 – 48 hours after the disappearance of signs and symptoms | |
| Rimantadine (100 mg tablet; 50 mg/5 mL suspension) ¹ | ≥ 1 year | | ≥ 13 years | |
| | 5 mg/kg/day div bid (maximum 150 mg day) for 24 – 48 hours after the disappearance of signs and symptoms | | 200 mg/day, either as a single daily dose, or bid for 24 – 48 hours after the disappearance of signs and symptoms | |

¹ Used to treat influenza A infection only.