

Table IV. Drugs and Surgical Management of Chronic Hypertension in Pregnancy

Condition	Medication	Dose/d	Comments
Diabetes	Nifedipine LA Diltiazem XR Thiazide diuretics	120 mg x 2 180-420 mg 25-50 mg	Target BP < 130/80 mm Hg At least 2 drugs are needed
Renal disease	Labetalol Furosemide	600-2400 mg 20-40 mg	Target BP < 130/80 mg Hg
Cardiomyopathy	Metoprolol XR Furosemide Hydralazine	50-100 mg 20-40 mg 50-200 mg	At least 3 drugs may be needed
Hyperthyroidism	Propranolol LA Labetalol	60-180 mg 600-2400 mg	Indicated for tachycardia
1° hyperaldosteronism	Spironolactone Nifedipine LA	25-50 mg	Surgery to remove tumor*
Pheochromocytoma	Phenoxybenzamine Prazosin Labetalol	40-120 mg 4-20 mg 600-2400 mg	Alpha blocker followed by β -blocker Surgery to remove tumor*
Renal artery stenosis	Labetalol Nifedipine		Renal artery angioplasty
Cushing's syndrome			Surgical removal of tumor*

*Unilateral adrenalectomy