

Figure 6. Example of Ultrafiltration Orders

ULTRAFILTRATION THERAPY ORDERS

Allergies: _____

GENERAL

- Telemetry standing orders
- Electrolyte protocol
- Activity as tolerated (before, during, and after treatment)
- Accurate daily standing weights, with weight before and after Ultrafiltration
- Strict I & O
- 1800 cc fluid restriction; 2 Gm Na diet. Diabetic diet if diabetes
- Saline lock IV
- Titrate oxygen to maintain SaO₂ greater than 92%. Wean to room air if SaO₂ is greater than 92%
- Obtain consent for placement of Ultrafiltration catheter

LABS

- BMP and H&H before and in the AM following each treatment.
- BNP prior to first treatment and after final treatment (No BNP if on Natrecor)
- PT/INR prior to treatment and daily if on Coumadin
- Other labs _____

ANTICOAGULATION

- At least 15 minutes prior to treatment, begin Heparin drip via standard protocol
- If patient is on Coumadin, begin Heparin drip at _____ units/kg/hr, no bolus. Check first PTT in 4 hours and follow standard protocol
- If patient is Heparin allergic, obtain Argatroban standing orders and notify MD
- Discontinue anticoagulation at the end of Ultrafiltration treatment, unless otherwise ordered

MEDICATIONS

- HOLD all diuretics for the duration of Ultrafiltration therapy- Call Physician to re-initiate medications

- Avoid all non-steroidal anti-inflammatory drugs
- Routine central line flush and care

TREATMENT

- Prime Ultrafiltration circuit and tubing with 0.9 % normal saline
- Remove _____ liters of ultrafiltrate at _____ cc per hour over _____ hours
- Vital signs every 15 minutes x 4, then every 30 minutes x 2, then every 60 minutes for the remainder of treatment and prn
- Monitor for signs/symptoms of hypovolemia and hypotension
- IV drug therapy may be administered through the access port on the infusion side of the blood circuit

HEMATOCRIT SENSOR

- Prime Hematocrit tubing with 0.9% normal saline and run therapy for 5 minutes. Do not set Ultrafiltration rate
- Allow machine to establish baseline hematocrit. See instructions for setting Aquadex Hematocrit limits
- Set Aquadex Hematocrit limit at _____ (or 3% above baseline; default setting) and set Crit Sat monitor limit at _____ (or 6% above baseline). (To calculate 6%, multiply baseline Hct x 1.06)
- Set prescribed Ultrafiltration rate

Physician Signature Date